



## Jolly Rodgers Toddlers Newsletter January 2023

### **THIS MONTH IS ABOUT.. 'WHAT DO WE NEED?'**

Our learning through play will continue to progress well throughout our monthly activities. The children will continue to build on new skills daily please encourage these at home. This month we will be looking at 'What do we need' including Healthy Lifestyle & food. We will be focusing on healthy foods. This will include exploring fruit and vegetables and also looking at the '5 a day'. We will be looking at how we can have a healthy lifestyle. Within this area the children will look at brushing our teeth, washing our hands, getting sleep and exercising.

### **THIS MONTH'S SONG'S (please encourage your child to sing these with you)**

Go wash your hands  
Wash wash wash your hands  
Barney exercise songs  
Head shoulders knees and toes  
If you're happy and you know it  
I will not ever never eat a tomato  
I want my dinner  
Munch



### **NUMBERS**

Each day we encourage the children with recognition of numbers. Please encourage your children to count with you, discuss how many they count e.g. how many pieces of fruit are cut up into bowl, how many times we wash our hands during the day etc.

## **THIS MONTH'S COLOURS – BLUE**

Individual sand trays will be filled with sand with measuring cups and jugs

We will be bathing our dolls in our individual water tray.

## **THIS MONTH'S ARTS (we will send home children's work for you to display)**

We will be using lots of different art & crafts to decorate pictures for our theme. E.g. crayons, felt tips, painting, sticking, junk art, foot prints, tissue paper, making pictures using glue & sand.

We will be making: recycling objects with all our junk art, fruit & vegetable printing. Footprint carrots, handwashing handprints, 3D teeth and Paper plate & Junk art crafts of fruit and vegetables. Fruit observational drawings.

**COOKING** – we will be making fruit kebabs!!

## **THIS MONTH'S CIRCLE TIME**

Within the Toddlers room we will use “Circle Time” to read stories, poems etc to develop each child's love of books and language and knowledge.

We will talk about what we need and how we should be eating healthy fruit and why and talking about cleaning our teeth, washing our hands, resting and also getting lots of exercise.



We will read books and learn our new songs. Our songs & stories will include the following topics:

Recycling items, Exercise, How can we look after ourselves e.g. brushing our teeth, washing our hands, Favourite fruit and vegetables.

Charlie & Lola – I will never eat tomatoes

Green eggs and ham

A new house for mouse

The Hungry Caterpillar

Can't you sleep Dotty

How things grow

We will also use “Circle Time” to discuss:  
The weather.  
Days of the week.

## **THIS MONTH’S BIRTHDAY’S**

Each month we may have a birthday celebration; we will create a birthday chart and sing “Happy Birthday”. Each child will be added to this chart as their birthday occurs throughout the year. If you wish you may send a cake/or healthy option to celebrate during break. (All Cakes must be nut free).

Happy birthday:

Rose

Ruben

Noah

Zoe



## **PHYSICAL ACTIVITIES**

We will be outside every day, and if weather stays dry we might get to go for a walk so can you please ensure you have sent a warm coat, hats, scarves & gloves to nursery.

## **ADDITIONAL INFORMATION**

Can we ask that you please be extra cautious when driving around the car park area and always be aware of adults and children. We are sure you can appreciate that there are a lot of children within the nursery being collected at different times and it can be busy. Please always be attentive of this. **Can we please remind you not to block the area where nursery vehicles are parked. This must be kept clear at all times so the vehicles can get in and out and we can safely off load the children. Thank you.**

Can we please ask, if you know your child will not be attending nursery whether it be due to illness or holidays, that you let us know. Thank you.

# Happy New Year!

We would just like to take this opportunity to thank you all for the gifts, gift cards, donations to charities, food bank donations, cards, and emails. We are overwhelmed with your generosity. These really have meant so much to us all. THANK YOU!! THANK YOU!!

We do hope you all managed to have a safe and happy Christmas and New Year and now we look forward to a hopefully better year ahead 2022!!



Thank you from all in Toddlers.