



Jolly Rodgers Day Nursery Ltd.

# Wobblies Unit

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Thank you for coming to view the Wobblies Unit at Jolly Rodgers Day Nursery Ltd. We hope you enjoyed your visit and that you found your time here to be both informative and helpful. Here at Jolly Rodgers, we understand that choosing the best nursery for you and your child is a huge decision and that it can be difficult to take in all of the information given to you during your visit. For this reason, we decided to put together this booklet outlining everything you will have discussed during your viewing in a little more detail, allowing you to learn all about our nursery in your own time and to hopefully help you make the best decision for your family.

Should you have any questions or wish to pop in for a second viewing, please feel free to call us at any time and we shall be only too happy to help.

Wobblies' staff

Nicola McDonnell (Manageress)

02892670988

## Inside the Wobblies Unit

Wobblies comprises three rooms:

- The Baby Room (6 weeks to 12 months)
- Mini-Wobblers (1 year to 18 months)
- Wobblers (18 months to 2 years)

The staff to child ratio for all of these rooms is 1:3. The nursery believes in enhancing staff development and continues to invest in additional specialist training courses e.g. behavioural management, basic food and hygiene, health and safety on a regular basis. In addition a student /trainee may also be assigned to the unit. Early Years Specialist support service is used throughout the nursery on a regular basis.

All Wobbly's staff hold relevant childcare qualifications and all hold up-to-date Child Protection and First Aid qualifications. Staff based within Wobbly's units have a wealth of experience and quite a few staff are also parents, so we fully understand what an important transition starting Nursery is for both you and your child and this is why we strive so hard to make the whole experience as happy and rewarding as possible for your child and as reassuring as possible for you.

Each room has a maximum of six children at any time and two staff so there is no overcrowding and the children have all the space they need to play freely. Wobblies also have their own Wet Room within the unit which contains a non-slip floor, making it a safe environment for activities such as messy/water play e.g. play experiences with shaving foam, soap flakes, whip, jelly and pasta.

The Wet Room is used on a timetable basis so each room can take turns to use it throughout the day. Wobblies also have daily use of the Sensory Room on the ground floor of the nursery as well as the adjoining Role-play Room. All units within the nursery both indoors and outdoors are monitored by CCTV cameras and external doors are key coded.

A detailed Risk Assessment is carried out for all areas including the cot room and gardens on a daily basis to ensure that only the highest levels of safety and hygiene are achieved.

All staff members in each room work closely with all of the children in our care. However, we do operate a Key worker System within Jolly Rodgers. On starting in Wobblies, your child will be assigned their own key worker who will be responsible for carrying out observations and compiling progress reports which help us to follow and record your child's development within nursery.

Observations are carried out on a monthly basis and used to compile a brief Progress Report which will be sent home to you termly. An example is included in this pack and contains a brief description of each area of learning. In the meantime however, you are welcome to speak to staff any time at all about your child and we are always happy to answer any questions or help with any concerns you may have. We also welcome outside professional bodies e.g. speech therapists/health visitor to visit your child on site with prior consent from yourself.

We also hold annual Parents' Evenings and charity coffee mornings during the year which you are invited to come along and join us, see all that is new within the unit and have the opportunity to spend a little quality time with staff discussing your child's progress. We understand however, that parents are extremely busy so these evenings are not compulsory and should you wish to arrange a meeting with staff at a time that best suits you, you only have to ask.

We operate an Open Door policy at Jolly Rodgers and parents are welcome to drop in or call/email at any time.

## What we do

Each room within the Wobbly's unit works to their own daily routine which incorporates daily activities which are age appropriate to their children, encouraging development and learning through play. An example copy is included in this booklet. While we have set times for snacks and lunch, staff are happy to follow your child's routine until they are more settled in nursery. We work hard to create a 'home from home' environment for the children in our care and strive to make the transition from home to nursery as stress-free as possible for your child, keeping them in a routine in which they feel secure is a huge part of our day though providing a stimulating and safe environment.

## Monthly themes

Each month has a theme that is carried throughout the nursery with activities tailored to suit each age group. Monthly themes are as follows:

January

Shops & Opposites



February

Chinese New Year, Pancake Tuesday & Valentine's Day

March

Mother's Day & St. Patrick's Day

Easter (if it falls this month)

April



Spring & Life Cycles, farm animals, pets

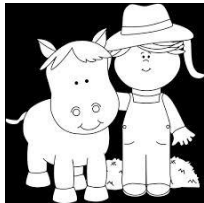
Easter (if it falls this month)

May

Space & Transport

June

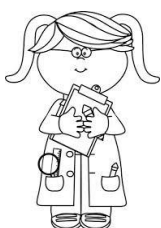
Holidays & the Beach



Father's Day

July

On the Farm, At the Zoo, Animals and their babies



August

Nursery Rhymes

Pirates & Princesses



September

All about Me & My Family

October

Autumn & Halloween

November

People Who Help Us & Road Safety

Guy Fawkes

December

Winter & Christmas



Songs, stories, arts & crafts etc. are planned around each month's themes. A more detailed plan for each month is displayed within each room and you may view this any time you are in nursery. Activities are then broken down further on a week by week plan and this is also displayed within each room. Each month,

we choose a different colour to learn and play dough, water etc. are coloured accordingly.

## Learning through Play

Children learn through play and it is our aim to make the whole learning experience as fun and enjoyable as possible. Examples of the types of play we enjoy in Wobble's are as follows:

### Physical Play

Designed to encourage children's fine and gross motor skills

- Crawling, walking, holding a cup, learning to use a crayon etc.

### Sensory Development/Messy Play

Encourages children to explore their senses through touch, smell, textures etc.

- Jelly, custard, play dough, sand, water, pasta etc.
- Baking activities
- Heuristic play - learning about natural materials through sight, touch etc.

### Early Maths

Activities designed to encourage Early Maths abilities such as counting, measurements, weights, size etc.

- Shape sorters, building blocks, sand/water (full/empty, light/heavy) etc.

### Language & Communication

Uses various methods to encourage language & communication development

- Songs, stories, chat while playing etc.

Messy play such as play dough is made within the nursery so all ingredients are safe if the children put it in their mouths. Food colouring is used to colour the water.





## Outdoor Play

During the good weather, we encourage the children to be outdoors as much as possible for fresh air and exercise. Our gardens are safe, secure and age appropriate and are also used on a timetable basis. Sun cream is applied to each child and a gazebo is erected on sunny days so shade is provided if required. We also 'bring the indoors outdoors' with sand trays, a paddling pool and boxes of toys being placed in the garden for the children to enjoy.

## Snack & Meal Times

Breakfast is served from 7.30am-8.30am. Morning toast and afternoon snack are served in the unit with Mini-Wobblers and Wobblers taking turns to use the table and chairs in the wet room. Lunch is freshly prepared each day by our cook. Wobblers have lunch in the downstairs kitchen while Mini-Wobblers remain within the unit, again eating in the wet room. All meals for babies are served within the unit. Highchairs are provided for this purpose.

A sample menu has been included with this booklet so you can see the type of meals and snacks we provide. A copy of the menu for each week is displayed at the door of each room within the unit.

Should your child have any special dietary requirements, we will provide an alternative menu tailored specifically to match their individual needs after parental input has been received.

## Sleep Times



Sleep times are as follows:

10:30 - 11:30 approx. for babies' morning nap

12:00 - 1:30 approx. for Mini-Wobblers and Wobblers

2:30 - 3:30 approx. for babies' afternoon nap

All Wobbly's children sleep in their own cot within the Cot Room which is situated on the floor below the unit. Like all of our rooms, the cot room has CCTV in operation at all times and there is a monitor connected to the Baby Room where staff can listen at all times. A staff member physically checks the Cot Room every 10 minutes and records this every time.

Again, staff are happy to follow your child's sleep routine until they become settled in Nursery.

At the end of each day, staff will take a few minutes to inform you of how your child has eaten and slept as well as their general well-being and what they did that day and what activities they particularly enjoyed.

## Additional Activities

As well as spending time in the garden, we also like to take the children out for walks in our 4-seater buggies, which we are fully insured to do. We regularly walk to Wallace Park and to Duncan's Dam to feed the ducks.



Other activities which take place within the unit include:

Jo Jingles for Wobblers (weekly during term-time)

Visits from Debutots

Visits from Blackberry farm

Summer trip to Tannaghmore Gardens Farm/animal petty farm

Pirates & Princesses Garden Party

Easter egg hunt

Halloween party

Christmas party including a visit from Santa and a gift for each child.

A monthly newsletter is available on our webpage [www.jollyrodgers.co.uk](http://www.jollyrodgers.co.uk) and also displayed within our Wobbler's unit. Additional paper copies can be supplied if required.

Thank you for taking the time to read through this booklet. We hope you have found it useful and informative and that it will help make your decision a little easier.

Please feel free to contact us at any time should you have any further questions at all.

We look forward to hearing from you soon.

Jolly Rodgers Wobblers' Staff

Please turn over for your sample Progress Report, menu and Daily Routine.

## Wobblies' Daily Routine

7:30 - 8:30 Arrive in Unit, Breakfast served.

8:30 - 9:00 Floor Play

9:00 -10:00 Role Play or Sensory Room

10:00 - 10:30 Morning snack - toast & milk/water, fresh fruit. Nappies changed

10:30 - 11:30 Sleep for babies. Messy Play/Arts & Crafts for Mini-Wobblers & Wobblers

11:30 - 12:00 Lunch

12:00 1:30 Sleep for Mini-Wobblers & Wobblers. Messy Play/Arts & Crafts for babies

1:30 - 2:00 Floor Play and nappies changed

2:00 - 3:00 Physical Play, walks out, Garden Play (weather permitting). Sleep for babies.

3:00 - 3:30 Role Play or Sensory Room

3:30 - 4:00 Afternoon Snack, nappies changed

4:00 - 4:30 Floor Play

4:30 - 5:30 Music & Movement, songs and stories

5:30 - 6:00 Tidy up and move downstairs.

\* Nappies also changed as when needed

## Jolly Rodgers Day Nursery Termly Child Review

Name ..... Unit.....

### Personal, Social & Emotional Development

How your child is settling in, how independent they are becoming, their relationships with staff and other children, what they enjoy doing

### Language & Communication Development

How their speech is developing, how they listen during stories, which songs they enjoy, any new words

### Physical Development

If they start crawling, walking etc. fine & gross motor skills, climbing, dancing, holding a pencil, cup, spoon etc.

Cognitive Development

Early Maths activities, problem solving e.g. how to make a shape fit through a hole, how to use building blocks, carry sand etc

Staff Action

What staff will do to encourage development in each of the above areas

Parental Input

Your opportunity to add any comments/ideas you may have

Key  
Date.....

worker.....

## Weekly Menu

| Day       |   |                                  |
|-----------|---|----------------------------------|
| Monday    | Lunch                                     | Afternoon snack                  |
|           | Homemade vegetable soup and potatoes      | Yoghurts<br>fresh fruit          |
| Tuesday   | Lunch                                     | Afternoon snack                  |
|           | Cottage pie                               | Cheese & crackers<br>Fresh fruit |
| Wednesday | Lunch                                     | Afternoon snack                  |
|           | Fish cakes, potatoes and mixed vegetables | Toasted pancakes<br>Fresh fruit  |

|          |   |  |
|----------|---|--|
| Thursday | Lunch                                       | Afternoon snack                        |
|          | Chicken & broccoli bake<br>with green beans | Apple crumble & custard<br>Fresh fruit |
| Friday   | Lunch                                       | Afternoon snack                        |
|          | Sausage casserole                           | Jam tarts<br>Fresh fruit               |

Meals are served with a choice of milk/water.

Drinks are available throughout the day.

Alternative meals supplied to suit dietary requirements.